

Feelings™

Essential Oil Collection



Product Summary

Feelings features six essential oil blends formulated by D. Gary Young to promote emotional clearance and self renewal. This collection includes Valor®, Harmony™, Forgiveness™, Inner Child™, Release™ and Present Time™.

Product Story

Inspired by D. Gary Young's life experiences, the Feelings collection was designed to lift negative impressions and allow openness to new beginnings. Everyone has experienced lasting adverse impressions that scar our inner self, prohibiting self growth and accomplishment. Following the Feelings regimen, one can begin the path of self identification by aligning their emotions. Valor, Harmony, Forgiveness, Inner Child, Release, and Present Time complete this collection providing the foundation for emotional health.

"Negative experiences and ideas are recorded in our brains and locked into our memories throughout our lives. These memories range from mild to extreme and have a profound effect on our health and happiness. In order to become who we are intended to be, we must erase these negatives and reprogram our thoughts to make positive ideas our reality." D. Gary Young

How To Use

Valor oil blend is an empowering combination of spruce, rosewood, blue tansy, and frankincense essential oils. Renowned for its strengthening qualities and ability to align energy in the body, apply Valor to the feet as the first step of the Feelings regimen.

Harmony oil blend brings a harmonic balance to the energy centers of the body using lavender, sandalwood, and ylang ylang essential oils. Rub Harmony on the chakra points to allow negative energy to escape.

Forgiveness oil blend is an uplifting combination formulated with melissa, geranium, frankincense, and other essential oils. Forgiveness allows the release of harmful memories and promotes a willingness to move forward. Apply Forgiveness to the navel and let go of negative emotions.

Present Time oil blend promotes feelings of living in the moment. The blend of neroli, spruce, and other essential oils allow you to see the future with an open mind for new possibilities. Apply Present Time to the wrists and behind the ears.

Release oil blend facilitates the ability to release anger and frustration using ylang ylang, lavender, geranium, and other essential oils. Release promotes harmony and balance of the mind and body. Apply over the liver and wait as feelings of frustration are uplifted.

Inner Child oil blend stimulates memory response and helps reconnect with the authentic self. The combination of orange, tangerine, jasmine, lemongrass, neroli, and other essential oils provide a sweet, childlike fragrance. Rub 1–2 drops of Inner Child just under your nose to open the pathway to connecting with your inner self.

Lastly, re-apply Valor essential oil to complete the Feelings regimen. Valor locks in the feelings of completeness and balance.

The Feelings regimen can be administered as frequently as desired.

Feelings

Primary Benefits

- + Neroli essential oil, a key ingredient in several of the Feelings blends, has been found to strengthen and stabilize the emotions and bring relief in seemingly hopeless situations.
- + The Feelings regimen enhances self awareness and promotes a sense of renewal.
- + Harmony and Valor induce feelings of balance and alignment.
- + Ylang ylang essential oil balances male-female energies.

Cautions

Keep out of reach of children. Avoid contact with eyes. Some of the essential oils included in this collection have possible skin sensitivities. If pregnant, lactating, or under a doctors care, please consult with a healthcare professional before use.

Frequently Asked Questions

Q How long should it take to complete the Feelings regimen?

A The length of the regimen will vary by individual. Allow yourself at least two hours to complete the entire regimen. However, the regimen could last much longer.

Q Can the essential oil blends be used outside of the Feelings regimen?

A Yes, the oils can be used as indicated on their individual labels or as directed in the Feelings regimen.

Q Should the Feelings regimen be performed on children?

A Always consult with your child's physician before applying essential oils. Most of the essential oil blends in the Feelings collection are generally safe for children two years of age and older.