

RAISE YOUR HERTZ

Staying Healthy with Essential Oils

The effectiveness of essential oils cannot be fully understood without some discussion of frequency. Frequency is the measurable rate of electrical energy flow that is a constant between any two points. Everything has a frequency. Dr. Robert O. Becker in his book *The Body Electric* establishes that the human body has an electrical frequency and that much about a person's health can be determined by its frequency.

In 1992, Bruce Taino of Taino Technology, an independent division of Eastern State University in Cheney, Washington, built the first frequency monitor in the world. Taino has determined **a healthy body frequency is 62-72 Hz**. When the frequency drops, the immune system is compromised.

Body frequency and Diseases:

- If the frequency drops to 58 Hz, cold and flu symptoms appear.
- If the frequency drops to 55 Hz, diseases like Candida take hold.
- If the frequency drops to 52 Hz, Epstein Bar becomes present.
- If the frequency drops to 42 Hz, the body is at risk for Cancer.

According to Dr. Royal R. Rife, every disease has a frequency. He found that certain frequencies can prevent development of disease and that others would destroy disease. Substances with higher frequency will destroy diseases of a lower frequency. The study of frequencies raises important questions concerning the frequencies of substances we eat, breath and absorb. Many pollutants lower healthy frequencies.

Frequency and Foods:

- Processed canned foods have 0 frequency
- Fresh produce has up to 15 Hz
- Dry herbs from 12 to 22 Hz.
- Fresh herbs from 20 to 27 Hz.
- Essential Oils start at 52 and go as high as 320 Hz, which is the frequency of Rose Oil.

Clinical research shows that essential oils have the highest frequency of any natural substance known to man.

Frequency and Essential Oils:

- Essential Oils create an environment in which disease, bacteria, virus, fungus etc., cannot live.
- Research shows 100% pure essential oils are immune stimulating.
- More research shows that many of the "super bugs" that has modern medicine so concerned, cannot survive in the presence of essential oils.
- There has not been a pathogen known to resist Essential oils by mutating.